



KVHRA

December 2012

Kennebec Valley Human Resources Association

Developing a Wellness Operating Plan

Presented by Justin Allen, Account Manager, Employee Health Solutions

As Health Insurance Premiums continue to escalate, employers are increasingly implementing workplace wellness programs to increase employee health behaviors which will hopefully result in stabilizing or decreasing health premium rates. Additionally, workplace wellness programs have become an employee retention tool. Justin will cover the essentials for developing an operating plan for workplace wellness that will help improve the health of employees and move your program from activity-centered to outcome-based. This presentation will help you engage your employees and get results. This program will be helpful to anyone looking to get their program more organized, outcome-based and reinvigorated.

This program has been approved for 1.25 General HRCI recertification credits.

Wednesday, December 12, 2012; 7:30 – 9:30 a.m.

Augusta Civic Center, Augusta, ME

7:30-7:45 a.m. ~ Registration, Breakfast, and Networking	<input type="checkbox"/> Member in advance:	\$18.00
7:45-8:00 a.m. ~ Welcome and a word from our sponsor	<input type="checkbox"/> Non-member in advance:	\$22.00
8:00-9:00 a.m. ~ Presentation	<input type="checkbox"/> Member/Non-member at the door:	\$25.00
9:00-9:15 a.m. ~ Question & Answers	<input type="checkbox"/> Student (with membership)	
9:15-9:30 a.m. ~ Chapter business and door prize	<input type="checkbox"/> Prepaid (with membership)	
	<input type="checkbox"/> Check Enclosed	

(All members are welcome to stay for the Board meeting immediately following)

* To receive the in-advance discount, **registration along with payment must be received by 12:00** noon on **Thursday, December 6, 2012**. To send payment with your registration, please mail to the address below. If you have pre-paid, you may e-mail your registration to kvhraemail@gmail.com.

Send to: KVHRA
P.O. Box 2186
Augusta, ME 04338-2186

Fax: 207-238-5375
E-mail: kvhraemail@gmail.com

PLEASE PRINT THE INFORMATION BELOW FOR LEGIBILITY PURPOSES. THANKS

Name: _____ E-mail: _____

Company: _____ Phone: _____

Guest: _____ E-mail: _____

PLEASE NOTE: You are responsible for the meeting cost unless cancellation is made by 9:00 a.m. the Monday before the meeting. Please contact Annette McLaggan at **207-215-6882** if you need to cancel. Thank You!

Justin Allen Serves as Account Manager for Employee Health Solutions, a local provider of workplace wellness solutions, biometric screening, health coaching, and wellness team support. Justin attends wellness team meetings, designs appropriate interventions, and coordinates implementation of wellness initiatives and programming. He also acts as the primary contact to employer groups and serves as a liaison between companies and other outside wellness vendors. Justin also works closely with human resources representatives to align programming with benefits when appropriate. Justin graduated from Franklin & Marshall College in Lancaster, PA.

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